

## Continuing Education

SSM Cardinal Glennon Children's Medical Center is approved as a provider of continuing education in nursing by the Missouri Nurses Association, which is accredited as an approver of continuing education in nursing by the American Nurses Credentialing Center's Commission on Accreditation. This program has been approved for 7.2 credit hours.



For more information contact:

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Perinatal Outreach Services

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Medical Center

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## Instructors

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Illinois Department of Public Health  
Perinatal Program Grant

THE **S.T.A.B.I.L.E.**  
*Program*

*Post-resuscitation & Pre-transport  
Stabilization of Sick Newborns*



Guidelines for Neonatal  
Healthcare Providers - 5th ed.

**Wednesday  
August 18, 2010**

St. Mary's Good Samaritan Hospital  
Mt. Vernon, IL

Sponsored by:  
Perinatal Outreach Services



# Program Goal

Transporting Newborns the STABLE Way is a mnemonic based program developed by Kristine Karlsen, MSN, RNC.

Ms. Karlsen is a neonatal nurse practitioner in a level III NICU in Park City, Utah.

STABLE is based on extensive literature review, research, and input from nurses, respiratory therapists and physicians. The goal of the STABLE program is to provide a concise guideline for neonatal pre-transport stabilization activities to be used by community hospital caregivers.

# Target Audience

Staff working in labor and delivery, postpartum, well baby nurseries, and level 2 or 3 nurseries.

Nurses or physicians working in an emergency department who may be involved with unexpected deliveries of sick and/or premature infants.

# Content

Establishing IV access, monitoring & normalizing the blood sugar.

Concepts of thermoregulation and the prevention of cold stress.

Supporting oxygenation and ventilation.

Maintaining a normal acid-base balance and interpretation of blood gases.

Supporting the blood pressure and normalizing the heart rate.

Interpretation of a CBC by calculating the Absolute Neutrophil Count and Immature to Total Neutrophil ratio.

Supporting, educating & maintaining involvement of the family.

# Agenda

7:45 - 8:00	Registration
8:00 - 8:15	Welcome and Introduction to STABLE Pre-test Grading
8:15 - 9:15	<b>S</b> ugar Monitoring for Hypoglycemia Treatment of Hypoglycemia Umbilical Lines
9:15 - 10:15	<b>T</b> emperature Effects of Cold Stress on Neonates
10:15 - 10:30	Sugar & Temperature Post Tests
10:30 - 10:40	10 minute Break
10:40 - 12:10	<b>A</b> irway Evaluating & Treating Respiratory Distress Blood Gas & X-ray Interpretation
12:10 - 12:30	Airway Post test
12:30 - 1:30	LUNCH (on your own)
1:30 - 2:30	<b>B</b> lood Pressure Evaluation & Treatment of Shock BP Post Test
2:30 - 2:40	10 minute Break
2:40 - 3:40	<b>L</b> ab Work CBC Interpretation
3:40 - 4:00	<b>E</b> motional Support
4:00 - 4:30	Lab work & Mixed Module Post Tests Evaluations (required for CEUs)

# Registration Form

Name Please Print

Home Address

City/State/Zip

Hospital

Home Phone

Work Phone

**\$60.00 per person**

**\*\*Registration not accepted without payment, non-refundable\*\***

Includes:  
CEUs, lecture, and learner's manual.  
Substitutions are allowed.

REGISTRATION DEADLINE for receiving books before the class is **August 10, 2010**. After this date the books will be brought to class.

Mail registration form with check made payable to:

Perinatal Outreach - CGCMC

Address to:  
Perinatal Outreach Services  
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