bring a light sweater or jacket

St. Clair County Health Department
Belleville, IL

SSM Health Cardinal Glennon
Children's Hospital
St. Louis, MO

Kimberly Spence, MD
Associate Professor of Pediatrics
Saint Louis University School of Medicine
St. Louis, MO

Sue Stuppy, OTR/L, CIMI, NTMTC
Occupational Therapist
SSM Health St. Mary's Hospital

SSM Health Cardinal Glennon
Brittany Ogrzewalla, MSN, RN

SSM Health St. Mary's Hospital
Shanel Pierce, RN
Staff RN

Pam Randazzo, RNC-OB, C-EFM, BSN
Perinatal Outreach Educator
Touchette Regional Hospital

Kristi Schwantner, MS, CCC-SLP

Lindsey Schweppe, OTR/L
Occupational Therapist

Mary Jarvis, RN, BSN, CLC
Dena Kemp, RN
Susan Johnston, RN
Staff RN

Maryville, IL
Director, Family Birth Center
Terri Lamar, RN, MSN
IBCLC, CLC
Professional Development Consultant

Meredith Meyer, MSN, RNC-OB
SSM Health St. Mary's Health Hospital
St. Louis, MO
(BA) Facilitator Social-Emotional Consultant
Connections #21 & #22

Marcus Engel, MS, CSP, CPXP
Program at SSM Health Cardinal Glennon Children's Health Center at the
Hilton Garden Inn
Sacramento, CA

Who Should Attend:
Professionals who care for obstetric and neonatal patients in either inpatient or outpatient settings

The 33rd ANNUAL CONFERENCE IS DESIGNED TO OFFER EXCELLENT OPPORTUNITIES TO LEARN AND SHARE CURRENT ISSUES IN THE CLINICAL and COMMUNITY SETTINGS OF OBSTETRICS AND NEONATOLOGY. THIS CONFERENCE PROVIDES A FORUM FOR THE DISCUSSION OF RECENT ADVANCES IN OBSTETRICS AND NEONATOLOGY AND HOW THEY CAN BE APPLIED TO PRACTICE.

Objectives:
• Identify situations that cause agitation in the newborn with NAS and methods to help parents
• Describe the role of breastfeeding in recovery for patients who are abstinent from methadone and buprenorphine in breast milk;
• Should breastfeed; discuss the amount and effects of breastfeeding on growth and development after the hospital stay.
• Define normal physiologic birth; describe how to support families with infants with NAS.
• This experience; describe how to support families with infants with NAS.

The conference is designed to offer excellent opportunities to learn and share current issues in the clinical and community settings of obstetrics and neonatology. This conference provides a forum for the discussion of recent advances in obstetrics and neonatology and how they can be applied to practice.

WEDNESDAY
SEPTEMBER 27, 2017
The Regency Conference Center
at the Hilton Garden Inn
360 Regency Park Drive
O’Fallon, Illinois 62269
(618) 624-4499

GROUP RESERVATIONS:
Click the Group Name: SSM Cardinal Glennon
Enter your Dates September 5, 2017.

33RD ANNUAL CONFERENCE CREDIT HOURS:
This conference is approved for credit for RN, LPN, Nursing Assistants
Registered Nurses, Licensed Practical Nurses, and Nursing Assistants.

PATTI OBERKIRCH
PERINATAL OUTREACH
SSM HEALTH CARDINAL GLENNON CHILDREN’S HOSPITAL
1465 SOUTH GRAND BOULEVARD
ST. LOUIS, MO 63104
Return Service Requested
The 36th Annual Conference Network Perinatal Illinois is designed to update nurses, obstetricians, pediatricians, family medicine physicians, early intervention providers and other health care professionals on current issues in the clinical practice of obstetrics and infant care. By attending this program, participants will be able to:

- Describe the effects of incivility and bullying on patient outcomes, human capital, and productivity in health care; reflect on personal contributions to a culture of respect; find tools to help build and sustain cultures of civility and respect in healthcare.
- Recognize and respond to unmet mental health problems that patients with hypertensive disorders may experience; incorporate education tools and methods that contribute to patients’ understanding of pre eclampsia symptoms.
- Describe the risk factors, clinical, physical examination, and lab findings in hypoxic ischemic encephalopathy; discuss the criteria for and implementation of therapeutic hypothermia.
- Examine what makes up a family and how cultural changes have shifted the definition of “family”; examine the diversity and dynamics in today’s families and discuss the impact we have as professionals.
- Identify situations that cause agitation in the newborn with NAS and find ways to help families transition to home; discuss developmental follow-up care to optimize outcomes for infants with NAS.
- Identify at least one experience families of children with complex medical needs face; process through this experience; describe how to support families when a child passes; and discuss the value of self-compassion and care as professionals.
- Identify the foundation of compassionate care as human presence; understand an experience of patient and family needs in a clinical setting; implement best practices in patient communication.

This conference is designed to update nurses, obstetricians, pediatricians, family medicine physicians, early intervention providers and other healthcare professionals on current issues in the clinical practice of obstetrics and infant care. By attending this program, participants will be able to:

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- Identify when a mother suffers from add should breastfeed; discuss the amount and effects of methadone and buprenorphine in breast milk; describe the role of breastfeeding in recovery for mom and baby.
- List the criteria and limitations for diagnosis of perinatal sepsis; outline management recommendations for maternal and neonatal care.
- Describe the long-term developmental and social outcomes for families affected by NAS; describe ways to help families transition to home; discuss developmental follow-up care to optimize outcomes for infants with NAS.
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(618) 624-4499

FOR LODGING RESERVATIONS:
PHONE: 1-877-STAY-HGI
Group Code: SSM917
Group Name: SSM Cardinal Glennon

HILTON WEB SITE LINK:
shilo-1allah-STEAGI/index.html
Enter Arrival and Departure Dates, Click MORE OPTIONS, Clik ADD SPECIAL RATE CODES, Enter Group Code: SSM917, CHECK CAn AvAILABILITY

Conference rates are available for reservations made on or before September 5, 2017.

Participants are encouraged to bring a light sweater or jacket since room temperatures vary.
FACULTY & PLANNING COMMITTEE MEMBERS

Glenn Barber, BSN, RNC-NIC, **
Neonatal Nurse Practitioner
SSM Health Cardinal Glennon
Children’s Hospital
St. Louis, MO

Lynn Barts, MA, CIMI**, 
Contractor, Illinois Early Intervention Training Program & Local Child & Family Connections Office
O’Fallon, IL

Natascha Bean, BSN, RN, CLCC**
Staff RN
HS Hospital St. Elizabeth’s Hospital
Belleville, IL

Rebecca Bednar, MSN, RN, IBCLC
Lactation Consultant
SSM Health St. Mary’s Hospital
Saint Louis, MO

Mary Hope, BSN, RNC**
Perinatal Outreach Educator
SSM Health Cardinal Glennon
Children’s Hospital
St. Louis, MO

Brittany Ogroznwala, MSN, RNC**
RN Specialist – NICU
SSM Health Cardinal Glennon
Children’s Hospital
St. Louis, MO

Cynthia Ostinau, MD
Assistant Professor of Pediatrics
Division of Neonatal-Perinatal Medicine
Washington University School of Medicine
St. Louis, MO

Valencia Smith, BSN, RNC**
Clinical Educator
SSM Health Cardinal Glennon
Children’s Hospital
St. Louis, MO

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SSM Health St. Mary’s Hospital
St. Louis, MO

Eleni Z. Tsiga, BA
Executive Director
Preclampsia Foundation
Melbourne, FL

** Indicates planning committee member

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• Describe the risk factors, clinical, physical examination findings, and MRI findings in hypoxic ischemic encephalopathy; discuss the criteria for and implementation of therapeutic hypothermia.

• Examine what makes up a family and how cultural changes have shifted the definition of “family;” examine the diversity and dynamics in today’s families and discuss the impact we have as professionals.

• Identify situations that cause agitation in the newborn with NAS and methods to help parents of newborns with NAS facilitate their infant’s growth and development after the hospital stay.

• Discuss the underlying physiology for complex EFM tracings; outline the management for Category II, I and III EFM tracings.

• Define normal physiologic birth; describe interventions to help women be successful in achieving a healthy, normal, physiologic birth.

• Identify when a mother suffering with addiction should breastfeed; discuss the amount and effects of methadone and buprenorphine in breast milk; describe the role of breastfeeding in recovery for mom and baby.

• List the criteria and limitations for diagnosis of perinatal sepsis; outline management recommendations for maternal and neonatal care.

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Who Should Attend: Nurses, obstetricians, family medicine physicians, pediatrics, early intervention providers and other healthcare professionals who care for obstetric and neonatal patients in either inpatient or outpatient settings.

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Group Name: SSM Cardinal Glennon

HILTON WEB SITE LINK:
hotels/illinois/hilton-cardinal-glennon-in-st-louis/ 
shilo-ofallon-STEAG/index.html
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- Describe the long-term developmental and social outcomes for families affected by NAS; describe ways to help families transition to home; discuss developmental follow-up care to optimize outcomes for infants with NAS.
- Identify at least one experience families of children with complex medical needs face; process through this experience; describe how to support families in the process of newborn care facilitate their infant's discharge and family transitions with the provision of transitional care.
- Define normal physiologic birth; describe interventions to help women be successful in achieving a healthy, normal, physiologic birth.
- Identify situations that cause agitation in the newborn infant; provide strategies to help families and infants use quiet time in the NICU environment.
- Examine what makes up a family and how cultural changes have shifted the definition of “family,” examine the diversity and dynamics in today’s families and discuss the impact we have as professionals.
- Identify at least one experience families of children with complex medical needs face; process through this experience; describe how to support families when a child passes; and discuss the value of self-compassion and care as professionals.
- Identify the foundation of compassionate care as human presence; demonstrate an understanding of the practices of patient and family needs in a clinical setting; implement best practices in patient communication.

Who Should Attend:
Nurses, obstetricians, family medicine physicians, pediatricians, early intervention providers and other healthcare professionals who care for obstetric and neonatal patients in either inpatient or outpatient settings.

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HILTON WEB SITE LINK:
hotels/illinois/hiltongardeninn-stlouis-shiloh-offallon/STEAG/INDEX.html
Enter Arrival and Departure Dates, Click MORE OPTIONS.
Click ADD SPECIAL RATE CODES, Enter Group Code: SSM917.
CHECK CONFERENCE availability

Participants are encouraged to bring a light sweater or jacket since room temperatures vary.
9. "Perinatal Sepsis – Effect on the Mother, Fetus and Neonate"
   Eleanor Tappe, BA
   Presepsis, from the patient’s perspective, can be quite traumatic. The impact on the patient, her family and loved ones can span physical, mental, and emotional effects, both in the immediate postpartum period and beyond. Patient education, engagement, and support plays an important role in not only preventing the worst outcomes, but in optimizing her recovery and remaining lifestyle. Several studies are examined through the lens of preventability and quality improvement initiatives.

10. "After NAS: The Healing Journey Continues"
   Marcus Engel, MS, CSP, CPXP
   Marcus Engel is a Certified Speaking Professional & author whose messages provide insight and strategies for excellent patient care. His keynote presentation, “The Other End of the Stethoscope” has been witnessed by tens of thousands of healthcare professionals and his books are used in scores of nursing and allied health programs to teach the basic foundations of caregiving. As a college freshman, Marcus Engel was blinded and nearly killed after being struck by a drunk driver. Through two years of rehab, over 350 hours of reconstructive facial surgery and adaptation through a multitude of life changes, Marcus witnessed the good, the bad, and the profound in patient care. He has authored four books and is at work on a fifth, “Beyond Patient Experience” which is due out in late 2017. In the course of his work as an author and speaker, he has been a keynote speaker at dozens of conferences across the country.

**Registration Form**

**SOUTHERN ILLINOIS PERINATAL NETWORK CONFERENCE**

**PERINATAL PROGRAM**

**REGISTRATION INFORMATION**

**REGISTRATION FORM**

**PLEASE PRINT ALL INFORMATION CLEARLY.**

<table>
<thead>
<tr>
<th>NAME/ CREDENTIALS (as you would like on your name tag)</th>
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<tr>
<td>HOSPITAL/AGENCY</td>
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<td>CONTACT NUMBER</td>
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**CONCURRENT SESSIONS:**

9:45 am – 10:45 am Session Choice # ________
11:00 am – 12:00 pm Session Choice # ________
1:15 pm – 2:15 pm Session Choice # ________

**LUNCH**

Served in the Tuscan Ballroom West/Exhibits/Attendance Prizes

**EXHIBITS**

We wish to thank our exhibitors for their participation and support in the complex and challenging field of perinatal health care.

**GOLD EXHIBITORS**

- SSM HEALTH GLENNON CHILDREN’S HOSPITAL
- SSM HEALTH CARDINAL GLENNON CHILDREN’S HOSPITAL

**SILVER EXHIBITORS**

- SSM HEALTH WOMEN’S HEALTH
- BIONIX MEDICAL
- P&G PAMPERS
- ACCUVEN INC.

**BRONZE EXHIBITORS**

- INTERNATIONAL CESAREAN AWARENESS NETWORK (ICAN)
- SMILEY EXHIBITORS: SMITH & NEPHEW

**ADDITIONAL EXHIBITORS:**

- BABY & FAMILY CONNECTIONS
- CHILDREN’S HOME & AID
- CHILD CARE RESOURCE AND REFERRAL
- ILLINOIS HEAD START ASSOCIATION
- INTERNATIONAL CESAREAN AWARENESS NETWORK (ICAN)

**Coffee, Tea and Water will be provided throughout the day.**

**Conference Tuition:**

- **$120.00**

**Online (Credit Card Only):**

- **www.ssmhealth.com**

**by Phone (Credit Card Only):**

- **Call 1-866-SSM-DOCS**

**By Mail (Check or Money Order):**

- Please complete the registration form and mail with check or money order made payable to:
- **Southern Illinois Perinatal Network Conference**
- **SSM-DOCS**
- **10176 Corporate Square Drive, Ste 270**
- **St. Louis, MO 63132**

**EXHIBITS**

The exhibit area will be open during breaks and lunch. Please take this opportunity to view the newest and most up-to-date products, services, and technologies available in the complex and challenging field of perinatal care.

**ACKNOWLEDGMENTS**

"Funding provided in part by the Illinois Department of Public Health Perinatal Program Grant."

**Expected Attendees:**

- Physicians will receive a certificate of attendance.
- CME credits are not available.

**Conference Schedule**

7:15 – 8:00 am

REGISTRATION / EXHIBITS / CONTINENTAL BREAKFAST

8:00 – 8:15 am

WELCOME AND ANNOUNCEMENTS – Robyn Guda, RN, MSN

OPENING KEYNOTE SESSION

“A Call to Action: Addressing Incivility and Bullying in Healthcare”

Beth Nachtshheim Bolick, DNP, ARNP, PPCNP-BC, CPNP-AC, FAAN

Dr. Beth Bolick directs the Rush Acute Care PN program which is nationally recognized for excellence. She is the co-editor of the text Pediatric Acute Care: A Guide for Interprofessional Practice. Dr. Bolick has transformed the care of ill and injured children through establishing new standards in pediatric emergency care, conceptualizing new pediatric nurse practitioner role and education models, and advocating for policy changes to improve the quality of nursing care for these children at the state and national levels. Dr. Bolick has been a member of the state of Illinois’ Emergency Medical Services for Children (EMSC) since 1994. The Illinois EMSC is now the model for facility recognition for pediatric centers across the country.

Over the past three years, Dr. Bolick has worked to improve the effectiveness of interprofessional healthcare teams. She is a Robert Wood Johnson Foundation Executive Nurse Fellow who worked with a Fellows national project team to provide healthcare leaders resources to promote interprofessional, inter-disciplinary and collaborative teamwork in their workplaces. Their civility toolkit is a compilation of assessments, information, interventions and recovery tools that is online. The toolkit has been downloaded by over 191,000 healthcare providers from 139 countries.

**ADJOURNMENT**

3:30 PM
CONFERENCE SCHEDULE

10:45 – 11:00 am
11:00 – 12:00 pm
12:00 – 1:15 pm
1:15 – 2:15 pm
2:30 – 3:30 pm
3:30 PM

CONCURRENT SESSIONS

1. “Preeclampsia – Putting the Patient at the Center of Better Outcomes”
   - Elise Tapas, BA
   - Preeclampsia, from the patient’s perspective, can be quite traumatic. The impact on the patient, her family and loved ones can span physical, mental, and emotional effects, both in the immediate postpartum period, as well as long-term. Patient education, engagement, and support plays an important role in not only preventing the worst outcomes, but in optimizing her recovery and remaining life course. Several stories are examined through the lens of prevention and quality improvement initiatives. (E1)

2. “Meet the Family”
   - Maria Matticks, RN, BSN
   - When thinking about the ‘term family’ many images come to mind. The children and families we serve in the Early Intervention program are unique and diverse for many reasons. In this fun and interactive session, discussion, interaction and education will be the tools used to help families develop new roles in the healthcare system. Attendees will engage in activities and discussions to focus on special considerations for various populations in Early Intervention including: medical families, adoptive/foster families, families with same-sex partners, and single/teen parents among others. Finally and most importantly participants will have a chance to hear directly from the parents to learn firsthand about their experiences in EI via a series of video interviews. (E1)

   - Muaven Fawaz, CRM, MSN
   - It’s hard to achieve normal physiologic birth in this day and age. But it is not impossible. Normal birth is powered by the innate human capacity of the woman and fetus. In this presentation, we will discuss how to maximize the woman’s opportunity to have a healthy birth.

4. “The Late Preterm Infant”
   - Colleen Clasen, MD
   - A new baby born just a few weeks premature is typically subject to medical interventions and recovery tools that is available online. The toolkit has been downloaded over 600,000 times and has been awarded the AACNaward for excellence. She is the co-editor of the text Complex Medical Needs”.

5. “Normal Monitoring Case Studies”
   - Carol Burke, MSN, RNC, CNS, RNC-OB, CEFM
   - This presentation will discuss five medical cases used for newborns with NAS while in the hospital and for the transition home. Outcomes of infants with NAS and strategies in-home therapists can use to assist the family and infant to grow, develop, and play will be presented. (E1)

LUNCH (Served in the Tuscan Ballroom West/Exhibits/Attendance Prizes)

CONCURRENT SESSIONS

9. “Perinatal Sepsis – Effect on the Mother, Fetus and Neonate”
   - Carol Burke, MSN, RNC, CNS, RNC-OB, CEFM
   - This presentation will discuss the most common infections transmitted from the mother to her fetus and the potentially devastating effects of sepsis to the mother and the neonate.

    - Kimberly Spence, MD
    - Families often receive intensive services in the hospitals to assist with caring for their babies suffering with NAS. However, after hospital care, parents need more support for long-term neurodevelopmental and social outcomes for these babies and their families. This presentation will address the need for medical care providers to understand the impact of NAS on the baby’s recovery and supporting them to help them through this stage.

    - Rebecca Molitor, LCPC, Prenatal Bonding (BA) Facilitator
    - How often do we see children through the parents’ eyes? Or allow ourselves the time to feel the emotions of parents who have families in the hospital? In this workshop, parents will be challenged to take a journey through the eyes of a family of a child with a life-limiting illness. Participants will explore what it means to provide care alongside others who are experiencing a similar journey. The session will provide tools and strategies to help health care professionals in providing support.

EXHIBITS

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- CONCORDANCE HEALTH SOLUTIONS
- BARNES-JEWISH HOSPITAL
- SSM HEALTH CARDINAL GLENNON CHILDREN’S HOSPITAL
- SMITH & NEPHEW

BRONZE EXHIBITORS
- CONCORDANCE HEALTH SOLUTIONS
- BARNES-JEWISH HOSPITAL
- SSM HEALTH CARDINAL GLENNON CHILDREN’S HOSPITAL
- SMITH & NEPHEW

ADDITIONAL EXHIBITORS:
- CHILD AND FAMILY CONNECTIONS #23
- CHILDREN’S HOME & AID: CHILD CARE RESOURCE AND REFERRAL
- ILLINOIS HEAD START ASSOCIATION
- ILLINOIS HOME CARE NETWORK (IHAN)
- ILLINOIS HEAD START ASSOCIATION
- ILLINOIS CENSAREAN AWARENESS NETWORK (ICAN)
- SANE-KIDS ST. LOUIS AT SSM HEALTH CARDINAL GLENNON CHILDREN’S HOSPITAL
- SSM HEALTH CARDINAL GLENNON TRANSPORT TEAM & ACCESS CENTER
- SSM HEALTH ST. LOUIS FETAL CARE INSTITUTE
- THE HEALTH WORKERS free will: HEALTH ST. LOUIS CORD BLOOD BANK

REGISTRATION FORM

SOUTHERN ILLINOIS PERINATAL NETWORK CONFERENCE

REGISTRATION/EXHIBITS/CONTINENTAL BREAKFAST

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Marcus Engel, MS, CSP, CPXP

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As a college freshman, Marcus Engel was blinded and nearly killed after being struck by a drunk driver. Through two years of rehab, over 350 hours of reconstructive facial surgery and adaptation through a multitude of life changes, Marcus witnessed the good, the bad and the profound in patient care. He has authored four books and is at work on a fifth, “Beyond Patient Experience” which is due out in late 2017.

He is the creator of NarrativeNursing.com, a site designed to help lead nurses into using proven techniques and therapeutic resources for dealing with the effects of compassion fatigue and burnout. In 2010, “The Droog” a short film based on Marcus’ memoir was released and can be viewed online.

Marcus and his wife, Marvelyne, are the co-founders of the I’m Here Movement, a non-profit organization which is changing the culture of care with two simple words. Marcus holds a B.S. in sociology from Missouri State University (2000) and a M.S. in Narrative Medicine from Columbia University in New York City (2012.) He lives in Orlando, Florida with Marvelyne and his Seeing Eye dog, Elliott.

GOLD SPONSOR:
- CONCORDANCE HEALTH SOLUTIONS
- BARNES-JEWISH HOSPITAL
- SSM HEALTH CARDINAL GLENNON CHILDREN’S HOSPITAL
- SMITH & NEPHEW

REGISTRATION INFORMATION

REGISTRATION FORM IS REQUIRED

PRE-REGISTRATION ALLOWED

REGISTRATION INFORMATION

CONCORDANCE HEALTH SOLUTIONS

Lunch: (PLEASE CHOOSE ONE)
- Chicken Dijon
- Penne Pasta Primavera (vegetarian)

Conference Tuition:
After September 5, 2017:

$120.00

NO REFUNDS WILL BE GIVEN AFTER SEPTEMBER 15, 2017. ALTERNATE ATTENDEES ARE ALLOWED.

REGISTRATION INFORMATION

ONLINE REGISTRATION AVAILABLE

Website (Credit Card Only):
www.ssmhealth.com
Click on Classes & Events and enter keyword perinatal.
By Phone (Credit Card Only):
1-866-SSM-DOCS
By Mail (Check or Money Order):
Please complete the registration form and mail with check or money order made payable to
Southern Illinois Perinatal Network Conference and mail to:
SSM-DOCS
10176 Corporate Square Drive, Ste 270
St. Louis, MO 63132

ACCREDITATION

Nursing Contact Hours

SSM Health Cardinal Glennon Children’s Hospital is an approved provider of continuing nursing education by the Midwest Multistate Division, an approved accreditor by the American Nurses Credentialing Center’s Commission on Accreditation. 1.0 contact hour per 60 minutes will be awarded for a possible total of 5.0 contact hours.

Early Intervention Credits (EI)

For EI professionals, a copy of the description of the above described courses may be submitted for approval by the Illinois Early Intervention Training Program. Please see IL Training Program website for approval updates.

www.ilstatetraining.org

Physicians will receive a certificate of attendance. CME credits are not available.

ACKNOWLEDGMENTS

“Funding provided in part by the Illinois Department of Public Health Perinatal Program Grant.”

Beth Nachtsheim Bolick, DNP, ARNP, PPCNP-BC, CPNP-AC, FAAN

Dr. Beth Bolick directs the Rush Acute Care PNP program which is nationally recognized for excellence. She is the co-editor of the text Pediatric Acute Care: A Guide for Interprofessional Practice. Dr. Bolick has transformed the care of ill and injured children through establishing new standards in pediatric emergency care, conceptualizing new pediatric nurse practitioner role and education models, and advocating for policy changes to improve the quality of nursing care for these children at the state and national levels.

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Over the past three years, Dr. Bolick has worked to improve the effectiveness of interprofessional healthcare teams. She is a Robert Wood Johnson Foundation Executive Nurse Fellow who worked with a Fellows national project team to provide healthcare leaders resources to promote interprofessional teamwork and prevent incivility and bullying in their workplaces. Their civility toolkit is a compilation of assessments, information, interventions and recovery tools that is available online. The toolkit has been downloaded by over 191,000 healthcare providers from 139 countries.

Additional Contact Information:
- NAME/ CREDENTIALS (as you would like on your name tag)
- HOSPITAL/AGENCY
- MAILING ADDRESS
- CITY
- STATE
- ZIP
- CONTACT NUMBER
- EMAIL ADDRESS

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10176 Corporate Square Drive, Ste 270
St. Louis, MO 63132

$120.00

$120.00
**CONFERENCE SCHEDULE**

REGISTRATION / EXHIBITS / CONTINENTAL BREAKFAST

**WELCOME AND ANNONCMENTS — Robyn Gude, RN, MSN**

OPENING KEYNOTE SESSION

“A Call to Action: Addressing Incivility and Bullying in Healthcare”

Beth Nachtsheim Bolick, DNP, ARNP, PPCNP-BC, CPNP-AC, FAAN

Incivility and bullying in the healthcare setting results in the loss of human capital and impairs patient and population health outcomes. Directly affected bystanders may experience high levels of stress and anxiety and leave the workforce prematurely, modulate the behaviors they observe among colleagues and customers, and close down communication that affects care. The problem crosses all healthcare boundaries. Participants will be equipped with strategies, including the action mnemonic “BE AWARE...and care”, and tools for building cultures of respect in their organizations. (EI)

9:15 – 9:45 am

GENERAL SESSION SPEAKERS

Marcus Engle, MS, CSP, CPXP

Marcus Engle, MS, CSP; CPXP is a Certified Speaking Professional & author whose messages provide insight and strategies for excellent patient care. His keynote presentation, “The Other End of the Stethoscope” has been witnessed by tens of thousands of healthcare professionals and his books are used in scores of nursing and allied health programs to teach the basic foundations of caregiving.

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9:45 – 10:45 am

**EXHIBITS**

REGISTRATION FORM

SOUTHERN ILLINOIS PERINATAL NETWORK CONFERENCE

**PRE-REGISTRATION IS REQUIRED!**

PLEASE PRINT ALL INFORMATION CLEARLY.

NAME/ CREDENTIALS (as you would like on your name tag)

HOSPITAL/AGENCY

MAILING ADDRESS

CITY

STATE

ZIP

CONTACT NUMBER

EMAIL ADDRESS

**CONCURRENT SESSIONS:**

**(PLEASE LIST NUMBER OF SESSION ONLY)**

This information is important in assigning room locations for the break-out sessions.

9:45 am – 10:45 am  Session Choice # ________

11:00 am – 12:00 pm  Session Choice # ________

1:15 pm – 2:15 pm  Session Choice # ________

**ACCREDITATION**

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Early Intervention Credits (EI)

EI sessions which are identified by the capital letter “EI” at the beginning of the session description have been approved for a total of 1.0 EI credit hour.

Attendance is limited to 60 participants. Attendees must register in advance of the activity to ensure a seat. Session evaluations will be conducted at the close of each session. Course evaluations and accrual numbers are a basic requirement for approval.

www.illinoiseitraining.org

Parents will receive a certificate of attendance. CME credits are not available.

**ACKNOWLEDGMENTS**

“Funding provided in part by the Illinois Department of Public Health Perinatal Program Grant.”

Conference Tuition:

$120.00

After September 5, 2017:

$160.00

No refunds will be given after September 15, 2017. Alternate attendees are allowed.

REGISTRATION INFORMATION

**PRE-REGISTRATION IS REQUIRED!**

WALK-IN REGISTRATION NOT ALLOWED

Online (Credit Card Only):

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SILVER EXHIBITORS:

• SMITH & NEPHEW

BRONZE EXHIBITORS:

• CONCORDANCE HEALTH SOLUTIONS
• EARLY INTERVENTION CONSULTANT
• P&D PAMPERS
• THE MILK BANK

ADDITIONAL EXHIBITORS:

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• CHILDCARE RESOURCE AND REFERRAL
• ILLINOIS HEAD START ASSOCIATION
• INTERNATIONAL CESAREAN AWARENESS NETWORK (ICAN)
• SAKS KIDS ST. LOUIS AT SSM HEALTH CARDINAL GLENNON CHILDREN’S HOSPITAL
• SSM HEALTH CARDINAL GLENNON TRANSSPORT TEAM & ACCESS CENTER
• SSM HEALTH ST. LOUIS FETAL CARE INSTITUTE
• WIC
• HEALTHWORKS.
• ST. LOUIS CORD BLOOD BANK
10:00 am – 12:00 noon 
Matthews T (EI) 

10:00 am – 11:00 am 
10. "Cleft Lip/Palate and Related Craniofacial Anomalies - What is normal?" 
Matthews T (EI) 

12:00 pm – 2:00 pm 
9. "Concentrations of Urinary Ketones in Infants with Neonatal Abstinence Syndrome" 

12:00 pm – 2:00 pm 
10. "The Importance of Initial Identification and Communication" 

10:00 am – 12:00 noon 
8. "Breastfeeding: It's Not Just Milk!" 
Beckenhauer, RN, BSN (EI) 

10:00 am – 12:00 noon 
Bolick (EI) 

10:00 am – 12:00 noon 
12. "Hypoxic Ischemic Encephalopathy: How to Identify and Treat" 

1:00 pm – 3:00 pm 
9. "Perinatal Seizures: How to Identify, Diagnose and Manage" 
Schneider P, Bubis J, Patel K, Harke L, (EI) 

1:00 pm – 3:00 pm 
10. "The Process of Labor and the Transition to Motherhood: The Role of the Nurse in the Public Health Setting" 
Bolick (EI)
### CONFERENCE SCHEDULE

#### WELCOME AND ANNOUNCEMENTS
- 1:15 – 2:15 pm

#### BREAK
- 9:45 – 9:55 am

#### OPENING KEYNOTE SESSION
- "A Call to Action: Addressing Incivility and Bullying in Healthcare"
- Beth Nachtsheim Bolick, DNP, ARNP, PCCNP-BC, CPNP-AC, FAAN

#### CONCURRENT SESSIONS

1. **"Preeclampsia – Putting the Patient at the Center of Better Outcomes"**
   - Elana Tepas, BA
   - Pre-eclampsia, from the patient’s perspective, can be quite traumatic. The impact on the patient, her family and loved ones can span physical, mental, and emotional effects, both in the immediate postpartum period, as well as long-term. Patient education, engagement, and support plays an important role in not only preventing the worst outcomes, but in optimizing heart recovery and remaining life course. Several stories are examined through the lens of preventability and quality improvement initiatives.

2. **"Meet the Family"**
   - Maria Matticks, RN, BSN
   - When thinking about the ‘term family’ many images come to mind. The children and families we serve in the Early Intervention program are unique and diverse in many ways. In this fun and interactive session, discussion will focus on special considerations for various populations in Early Intervention including: military families, adoptive/foster families, families with same-sex partners, and single/lesbian parents among others. Finally and most importantly participants will have a chance to hear directly from the parents to learn firsthand about their experiences in EI via a series of video interviews.

3. **"Normal Physiologic Birth in 2017: Is it possible?"**
   - Maureen Foster, CNM, MSN
   - It’s hard to achieve normal physiologic birth in this day and age. But it is not impossible. Normal birth is powered by the innate human capacity of the woman and fetus. In this presentation, we will discuss how to maximize the woman’s opportunity to have a healthy birth.

4. **"The Late Preterm Infant"**
   - Colleen Claassen, MD

5. **"Fetal Monitoring Case Studies"**
   - Carol Burke MSN, APRN/CNS, RNC-OB, CEFM
   - Need to ask when utilizing electronic fetal heart rate monitoring. This presentation will review common fetal heart rate tracings using group discussion, PowerPoint presentation and strip review.

6. **"Meet the Family"**
   - Maria Matticks, RN, BSN
   - Continuation of Session #2, “Meet the Family”

7. **"Breastfeeding – It’s Not Just Milk"**
   - Rebecca Boedeker, RN, MSN, IBCLC
   - This presentation will highlight challenges that women who are struggling with addiction should be encouraged to breastfeed. Misconceptions regarding the amount and effects of methadone and buprenorphine in mother’s milk will be addressed. The role of breastfeeding should be encouraged to breastfeed. Misconceptions regarding the amount and effects of methadone and buprenorphine in mother’s milk will be addressed. The role of breastfeeding in recovery for mom and in helping to decrease the symptoms of NAS for the baby will be emphasized.

8. **"Keep Calm: Sleep, Grow, and Play – Strategies to Help Families and Infants with Neonatal Abstinence Syndrome"**
   - Susan Stuppy, OTR/L, MS, CCHS, CMTM, NMTIC and Lindsay Schweppe, OTR/L
   - This presentation will discuss neuro-pharmacological methods used for newborns with NAS while in the hospital and for the transition home. Outcomes of infants with NAS and strategies in-home therapists can use to assist the family and infant to grow, develop, and play will be presented. (EI)

9. **"Perinatal Sepsis – Effect on the Mother, Fetus and Neonate"**
   - Carol Burke MSN, APRN/CNS, RNC-OB, CEFM
   - This presentation will discuss the common infections transmitted from the mother to her fetus and the potentially devastating effects of sepsis on the mother and the neonate.

10. **"After NAS: The Healing Journey Continues"**
    - Kimberly Spence, MD
    - Families often receive intensive services in the hospitals to assist with caring for their babies born with NAS. However, after hospital care, children may have more long-term neurodevelopmental and social outcomes for these babies and their families. This presentation will highlight and discuss the assistance needed for children and their families to help them transition home and optimize outcomes for these infants and families.

11. **"The New Normal: Supporting Families Whose Children Experience Complex Medical Needs"**
    - Rebecca Miotlo, LCPC, Prenatal Bonding (IB) Facilitator
    - How often do we see children through the parents’ eyes? Or allow ourselves the time to feel the emotions of pain and joy our pediatric families experience? In this workshop, parents will be challenged to take a journey through the eyes of a mom and dad, navigating a world of caring for their precious baby with the likes of bottles, diapers, heart monitors, medicines, trach tubes, therapies, hospitalizations, and surgeries. Consider the concerns of each new day brings in their child’s care, their child’s life expectancy and their own life as parents. Participants will learn how to support families through such trying times while also caring for themselves.

12. **"Hypoxic Ischemic Encephalopathy: How to Identify and Treat"**
    - Cynthia Otinana, MD
    - Hypoxic ischemic encephalopathy (HIE) is a common neonatal diagnosis that requires rapid recognition and treatment. The clinical presentation and the use of therapeutic hypothermia will be reviewed in the context of a case discussion. Attendees will be able to identify the risk factors and clinical findings in HIE, will have knowledge in the prediction of outcome, and will know how to treat with therapeutic hypothermia.

#### BREAK
- 12:00 – 1:15 pm

#### CONCURRENT SESSIONS

1. **"The Other End of the Stethoscope"**
   - Marcus Engel, MS, CSP, CPXP
   - Marcus Engel is a Certified Speaking Professional & author whose messages provide insight and strategies for excellent patient care. His keynote presentation, “The Other End of the Stethoscope” has been witnessed by tens of thousands of healthcare professionals and his books are used in scores of nursing and allied health programs to teach the basic foundations of caregiving.

2. **"Funding provided in part by the Illinois Department of Public Health Perinatal Program Grant."**

### GENERAL SESSION SPEAKERS

Beth Nachtsheim Bolick, DNP, ARNP, PCCNP-BC, CPNP-AC, FAAN

- Dr. Beth Bolick directs the Rush Acute Care PNP program which is nationally recognized for excellence. She is the co-editor of the text Pediatric Acute Care: A Guide for Interprofessional Practice. Dr. Bolick has transformed the care of ill and injured children through establishing new standards in pediatric emergency care, conceptualizing new pediatric nurse practitioner role and education models, and advocating for policy changes to improve the quality of nursing care for these children at the state and national levels.

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### REGISTRATION FORM

#### SOUTHERN ILLINOIS PERINATAL NETWORK CONFERENCE

**PRE-REGISTRATION IS REQUIRED!**

Please PRINT ALL INFORMATION CLEARLY.

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**Conference Tuition:**

- After September 5, 2017: $100.00

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**REGISTRATION INFORMATION**

- Online (Credit Card Only): www.ssmhealth.com
- By Phone (Credit Card Only) | Call 1-866-SSM-DOCS
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**EXHIBITS**

- WALK-IN REGISTRATION NOT ALLOWED

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**GOLD EXHIBITORS**

- BERNICE JEWISH HOSPITAL
- SSM HEALTHLAND GLENNON CHILDREN’S HOSPITAL

**SILVER EXHIBITORS**

- SMITH & NEPHEW

**BROZE EXHIBITORS**

- COCA-COLA INC.
- BIONIX MEDICAL
- BREASTFEEDING SUPPORT SERVICES, INC.
- CONCORDANCE HEALTH SOLUTIONS
- EARLY INTERVENTION CONSULTANT
- P&G PAMPERS
- THE MILK BANK

**ADDITIONAL EXHIBITORS**

- CHILD AND FAMILY CONNECTIONS #3
- CHILDREN’S HOME & AID: CHILD CARE RESOURCE AND REFERRAL
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- SAFE KIDS ST. LOUIS AT SSM HEALTHLAND GLENNON CHILDREN’S HOSPITAL
- SSM HEALTHLAND GLENNON CHILDREN’S HOSPITAL TRANSPORT TEAM & ACCESS CENTER
- SSM HEALTH ST. LOUIS FETAL CARE INSTITUTE
- THE CHILDMARK PROGRAM OF SSM HEALTH

**ACCOMMODATIONS**

- ST. LOUIS CORD BLOOD BANK
**CONFERENCE SCHEDULE**

**REGISTRATION / EXHIBITS / CONTINENTAL BREAKFAST**

8:00 – 8:15 am

**OPENING KEYNOTE SESSION**

“A Call to Action: Addressing Incivility and Bullying in Healthcare”

Beth Nachtsheim Bolick, DNP, ARNP, PPCNP-BC, CPNP-AC, FAAN

In civility and bullying in the healthcare setting, the loss of human capital and impacts patient and provider population health outcomes. Directly, hospital staff and bystanders may experience high levels of stress and anxiety, and leave the workforce prematurely, and the behaviors themselves with colleagues and customers, and close down communication that affects care. This problem crosses all healthcare boundaries. Participants will be equipped with strategies, including the action mnemonic “BE AWARE… and care”, and tools for building cultures of respect in their organizations. (EI)

9:15 – 9:45 am

**CONCURRENT SESSIONS**

1. "Preeclampsia – Putting the Patient at the Center of Better Outcomes”
   Elise Tages, BA

2. "Meet the Family”
   Maria Matticks, RN, BSN

   Maureen Foster, CNM, MSN

4. "The Late Preterm Infant”
   Colleen Claassen, MD

5. "Fetal Monitoring Case Studies”
   Carol Burke, MSN, APN/CNS, RNC-OB, CEFM

6. "Meet the Family”
   Maria Matticks, RN, BSN

7. "Breastfeeding – It’s Not Just Milk”
   Rebecca Boedeker, RN, MSN, IBCLC

   Susan Stuppy, OTR/L, MEd, CMN, MTMC and Lindsay Schweppe, OTR/L

9. "Perinatal Sepsis – Effect on the Mother, Fetus and Neonate”
   Carol Burke, MSN, APN/CNS, RNC-OB, CEFM

10. "NO End of the Stethoscope”
    Marcus Engell, MS, CSP, CPXP

    Rebecca Molitor, LCPC, Prenatal Bonding (BA) Facilitator

12. "Hypoxic Ischemic Encephalopathy: How to Identify and Treat”
    Marcus Engell, MS, CSP, CPXP

10:45 – 11:00 am

**BREAK/EXHIBITS**

11:00 – 12:00 pm

**CONCURRENT SESSIONS**

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   Marcus Engell, MS, CSP, CPXP

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**HOSPITAL/AGENCY**

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**STATE**

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**CONCURRENT SESSIONS:**

(PLEASE LIST NUMBER OF SESSION ONLY)

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9:45 am – 10:45 am

Session Choice #

11:00 am – 12:00 pm

Session Choice #

1:15 pm – 2:15 pm

Session Choice #

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• SMITH & NEPHEW

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• SSM HEALTH WOMEN’S HEALTH
• ST. LOUIS CORD BLOOD BANK

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**REGISTRATION INFORMATION**

Please complete the registration form and mail with check or money order made payable to Southern Illinois Perinatal Network Conference and mail to:

SSM-DOCS
10176 Corporate Square Drive, Ste 270
St. Louis, MO 63132

**CONCURRENT SESSIONS**

**LUNCH**

(POOL CHOOSE ONE)

• Chicken Dijon
• Penne Pasta Primavera (vegetarian)

Coffee, Tea and Water will be provided throughout the day.

3:30 PM

**ADJOURNMENT**

7:15 – 8:00 am

8:00 – 8:15 am

8:15 – 9:15 am

9:15 – 9:45 am

9:45 – 10:15 am

10:45 – 11:00 am

11:00 – 12:00 pm

12:00 – 1:15 pm

1:15 – 2:15 pm

2:15 – 2:30 pm

2:30 – 3:30 pm

3:30 PM
Participants are encouraged to discuss the underlying physiology for complex perinatal sepsis; outline management recommendations to help women be successful in treatment of methadone and buprenorphine in breast milk; describe the role of breastfeeding in recovery for infants with NAS.

- Define normal physiologic birth; describe the impact we have as professionals.
- Examine the diversity and dynamics in today’s families and discuss the impact we have as professionals.
- Identify at least one experience families of children have had when discussing the care of patient and family needs in a clinical setting; discuss the criteria for and implementation of new interventions to help parents and children.
- Demonstrate an understanding of the human presence; demonstrate an understanding of the safety of the family environment.
- Discuss the underlying physiology for complex perinatal sepsis; outline management recommendations to help women be successful in treatment of methadone and buprenorphine in breast milk; describe the role of breastfeeding in recovery for infants with NAS.

• List the criteria and limitations for diagnosis of neonatal abstinence syndrome (NAS).• Define normal physiologic birth; describe the long-term developmental and social outcomes for families affected by NAS; describe the effects of incivility and bullying on the cultures of civility and respect in healthcare.

- Discuss the underlying physiology for complex perinatal sepsis; outline management recommendations to help women be successful in treatment of methadone and buprenorphine in breast milk; describe the role of breastfeeding in recovery for infants with NAS.